



Mahadhammika Buddhist Temple and Burma Buddhist Association of Ontario
12 High Meadow Place, Toronto, Ontario M9L 2 Z5
Tel: 416-747-7879 Fax: 416-747-9355

Vipassana Meditation

Led by
Venerable Sayadaw U Jotalankara
[Half Moon Bay, San Francisco, USA]

Sponsored by: ***Burma Buddhist Association of Ontario***

You are cordially invited to a Vipassana Meditation ***Day Retreat*** as follows:

Date: September 04-05-06, 2010

Time: 8:00 am to 07:00 pm daily

Place: Mahadhammika Temple (above address)

Yogis should arrive daily by 7:45 am to start promptly at 8:00 am and plan to go home each day after 7:00 p.m.

Please wear loose comfortable clothing.

Lunch and snack, will be provided by the following donors.

1. September 04, 2010 Daw Khin Thein & Ma Htar Htar Kan
2. September 05, 2010 Daw Mar Mar Kyi
3. September 06, 2010 Ko Soe Moe Thu & Ma Khin May Kyawt

Interested devotees, please register with Ven. Ashin Kawwida at 416-747-7879 or Mrs. Helen Chang at 905-270-6028 by August 31, 2010.

We welcome donations to cover the costs of travel and incidentals.
Please make cheques payable to Burma Buddhist Association of Ontario

Committee
Burma Buddhist Association of Ontario